

February 1, 2025

A Talk with Micah

Perseverance and relentlessness are two powerful qualities that can help individuals overcome challenges and achieve their goals. Perseverance is the ability to keep doing something despite difficulties or delays in achieving success. It's about not giving up, even when things get tough.

Relentlessness, on the other hand, is a more intense form of perseverance. It's the determination to keep going no matter what, to be unstoppable in pursuit of an objective.

When talking to a young boy like Mikah about these concepts, it's important to use examples and stories that he can relate to. For instance, one could tell the story of a famous athlete who didn't win their first race but kept training and eventually became a champion. Or, one could talk about historical figures who faced numerous setbacks but never stopped working towards their vision.

It's also beneficial to encourage Mikah to think about times when he has shown perseverance and relentlessness in his own life, such as learning to ride a bike or mastering a new skill. This personal connection can help him understand that these

qualities are not just for extraordinary people but are something everyone can exhibit.

Moreover, discussing the value of setting goals and the satisfaction that comes from working towards them can be motivating. It's crucial to highlight that while the end result is important, the journey and the effort put in are just as valuable.

Lastly, it's essential to acknowledge that being relentless doesn't mean ignoring one's limits or well-being. It's about finding a balance, knowing when to push forward, and when to rest and recharge. By understanding and developing perseverance and relentlessness, Mikah can be

better equipped to face life's challenges and work towards his dreams with confidence.